

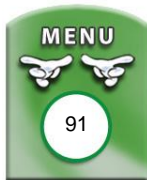



# Burns



## Depth of burns

- **Superficial burn**
  - Only the outermost layer of skin is affected
  - Redness, swelling and tenderness
  - 5% or more must be sent to hospital
- **Partial thickness burn**
  - Rawness and blisters
  - 1% or more must be sent to hospital
  - 9% will cause shock
- **Full thickness burn**
  - The two layers of the skin, the epidermis and dermis, are burnt
  - Requires hospital treatment



East of England Ambulance Service   
NHS Trust



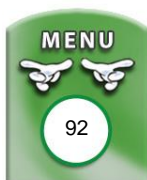
# Burns - Treatment



- Flood the injured part with cold water (minimum of 10 minutes)
- Gently remove any jewellery or wrist watches
- Cover the area with a sterile dressing



- **DO NOT** break blisters
- **DO NOT** apply adhesive dressings
- **DO NOT** apply lotions, ointments or fats
- **DO NOT** attempt to remove anything sticking to the burn



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